

# FOOD BANK



OF SIOUXLAND INC.



# HUNGER ACTION MONTH™

September 2018: "30 Ways in 30 Days"

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	 <b>Let's Change Hunger!</b>				<div style="border: 1px dashed black; padding: 5px;">Post this calendar on your home &amp; office fridge</div>	<b>1</b> Turn <b>ORANGE</b> on social media! Change your profile picture and cover photo to <b>reflect hunger in Siouxland</b>
<b>2</b> Call to find out how!	<b>3</b> Ask your employer if they could <b>match</b> your donation of time or money this week.	<b>4</b> Volunteer sign-up for the <b>BackPack Program</b> begins today!	<b>5</b> Download our <b>Food Drive Kit</b> to use as a guide to start your own food drive	<b>6</b> <b>Casual Day!</b> Employees wear jeans for \$5 and donate the \$ to the Food Bank	<b>7</b> <b>Watch Battery Charity Program:</b> Visit Thorpe Jewelers!	<b>8</b> Support the Food Bank by shopping at <b>amazon smile</b> <small>You shop. Amazon gives.</small>
<b>9</b> <b>Grandparents Day!</b> Send a donation to the Food Bank in their honor.	<b>10</b> OPERATION "HELPFUL SMILE" <b>HyVee</b>	<b>11</b> \$1 per day = \$30 \$30 = 390 pounds!	<b>12</b> <b>Go ORANGE!</b> Wear orange tomorrow and <b>share</b> a photo with us on social media!	<b>13</b> <b>JOIN US!</b> "Celebrate our Friends" Day at the Food Bank, 4 pm <b>Hunger Action Day!</b> ™	<b>14</b> Schedule a friends "Food for Thought" tour at the Food Bank.	<b>15</b> Support the <b>Farmers Market</b> on Wednesdays and Saturdays
<b>Operation "Helpful Smile" at Hy-Vee Sept. 10 - 23. Donate at the register to help the hungry!</b>						
<b>16</b> <b>Join the "Orange Bucket Campaign"</b> Request an orange bucket for your business or church.	<b>17</b> Organize a <b>Brownbag Lunch.</b> Donate your lunch \$ to the Food Bank	<b>18</b> <b>Students Against Hunger -</b> Hold a food & fund drive for the Food Bank	<b>19</b> \$1 = 13 pounds; how many "pounds" will you give?	<b>20</b> Start your own <b>Facebook Fundraiser</b> for the Food Bank!	<b>21</b> Ask your <b>friends</b> to <b>match</b> the gift you made to the Food Bank.	<b>22</b> Donate your excess garden produce to the Food Bank.
<b>Continued ... Operation "Helpful Smile" at Hy-Vee Sept. 10 - 23. Donate at the register to help the hungry!</b>						
<b>23</b> 30	<b>24</b> Make <b>coffee</b> at home and donate what you would have spent to the Food Bank.	<b>25</b> Start training for our <b>LOTP run-walk-bike event!</b> June will be here before you know it!	<b>26</b> <b>Sponsors NOW</b> being accepted for <b>Empty Bowls 2019!</b> 	<b>27</b> <b>SNAP Challenge:</b> Eat all 3 meals for just \$4.50 or less a day	<b>28</b> <b>SIOUXLAND</b> OCTOBER 9, 2018 siouxlandbiggive.org	<b>29</b> Write a <b>letter to the editor</b> , post a <b>blog</b> , or <b>Facebook post</b> about hunger.